

# Public Information (PI) Resource List

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## Preparing and Learning PI: For OA Members, Groups, Service Bodies, and PI/PO Committees

### Manuals and Handbooks

- *OA Handbook for Members, Groups, and Service Bodies* (#120): [bookstore.oa.org](http://bookstore.oa.org)
- *Public Information Service Manual* (#762): [bookstore.oa.org](http://bookstore.oa.org)
- *Professional Tradeshows Manual for Service Bodies*: [oa.org/documents/](http://oa.org/documents/) under “Public Information Suggestions”
- *Professional Outreach Manual* (#772): [bookstore.oa.org](http://bookstore.oa.org)

### Guidelines

- *Guidelines for OA Events*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Guidelines for Public Information Events*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Guidelines for Professional Outreach Committees*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Guidelines for Anonymity in the Digital World*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Carrying the Message*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Guidelines for Health Fair Participation*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *OA C.A.R.E.S Inmate Correspondence Program Guidelines*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Guidelines for OA Newsletters*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Website Development Guidelines*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Fundraising and Prudent Reserve Guidelines for Groups and Service Bodies*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- *Budget Guidelines for Service Bodies*: [oa.org/documents/](http://oa.org/documents/) under “Guidelines”
- Request to use the OA Logo: [oa.org/documents/](http://oa.org/documents/) under “Copyright Requests”

### Skits and Workshops

- *The Wanda Know Show Skit and Workshop*: [oa.org/documents/](http://oa.org/documents/) under “Workshops and Skits”

## Documents for use by OA Service Bodies and PI/PO Committees

- Event Calendar Submission Form: [oa.org/documents/](http://oa.org/documents/) under “Events”
- Request to use the OA Logo: [oa.org/documents/](http://oa.org/documents/) under “Copyright Requests”
- Professional Exhibits Fund Application: [oa.org/documents/](http://oa.org/documents/) under “Public Information Suggestions”
- Public Service Announcements: [oa.org/documents/](http://oa.org/documents/) under “Public Information Suggestions”
- *Public Information Service Manual* (#762): [bookstore.oa.org](http://bookstore.oa.org)
- *Professional Tradeshows Manual for Service Bodies*: [oa.org/documents/](http://oa.org/documents/) under “Public Information Suggestions”

## Documents for attracting non-members (for English speakers)

### Posters and Attraction Notes

- Public Information Posters: [oa.org/documents/](http://oa.org/documents/) under “Public Information Posters”
  - **Eating Out of Control Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and both a QR code and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.
  - **Step One Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.

- Pizza Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- Fork Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- Scale Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- Refrigerator Poster: four color, 8.5 x 11 inches. Includes interactive space to enter local group information.
- 15 Questions: two color, 8.5 by 11 inches.
- How to Contact OA: two color, 11 by 8.5 inches. Includes space for local group information.
- Is Food a Problem for You?: two color, 11 by 6.5 inches. Includes space for local group information.
- Many Symptoms, One Solution: two color, 8.5 by 11 inches.
- OA's new *Public Information Poster* (#759), winner of OA's first PI Poster Contest: [bookstore.oa.org](http://bookstore.oa.org)
- Bulletin board Attraction Sticky Notes (#440W): [bookstore.oa.org](http://bookstore.oa.org)

### PI Pamphlets and Kits

- For the Professional: [oa.org/site-map/](http://oa.org/site-map/) under "For the Professional"
- *Membership Survey Report*: [oa.org/documents/](http://oa.org/documents/) under "Professional Outreach"
- OA Press Kit: [oa.org/documents/](http://oa.org/documents/) under "Professional Outreach"
- *Is Food a Problem for You?*: [oa.org/documents/](http://oa.org/documents/) under "Discontinued Literature"
- *Compulsive Overeating: An Inside View*: [oa.org/documents/](http://oa.org/documents/) under "Family and Friends"
- *Introducing OA to the Clergy*: [oa.org/documents/](http://oa.org/documents/) under "Professional Outreach"
- *Introducing OA to the Health Care Professionals*: [oa.org/documents/](http://oa.org/documents/) under "Professional Outreach"
- *Professional Community Courier*: [oa.org/documents/](http://oa.org/documents/) under "Courier Newsletter"
- Supporting Young Persons: [oa.org/site-map/](http://oa.org/site-map/) under "Supporting Young Persons"
- *To Parents and Concerned Adults* (#250): [bookstore.oa.org](http://bookstore.oa.org)
- *To the Teen* (#280): [bookstore.oa.org](http://bookstore.oa.org)
- *Many Symptoms, One Solution* (#106): [bookstore.oa.org](http://bookstore.oa.org)
- *A Plan of Eating* (#145): [bookstore.oa.org](http://bookstore.oa.org)

### PI Podcasts (for English, French, and Spanish speakers)

- *Introducing OA*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Sound Bites from Overeaters Anonymous"
- *Hearing is Believing—OA Members Speak*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *Welcome Home*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *Interview with Charles* (men): [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *Interview with Bob* (men): [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *To the Man Who Wants to Stop Compulsive Eating, Welcome*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *Interview with Dodie* (women): [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *Interview with Mary* (women): [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *Interview with Kaitlin* (young persons): [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *To the Teen*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Interviews, Readings, and Meetings"
- *How and Why does a 12-Step Program Work for Compulsive Eating?*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Sound Bites from Overeaters Anonymous"
- *A Plan of Eating*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Sound Bites from Overeaters Anonymous"
- *OA's Nine Tools of Recovery*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Sound Bites from Overeaters Anonymous"
- *Keeping Your Eating Sane During the Holiday Season*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Sound Bites from Overeaters Anonymous"
- *100+ Pounds to Lose*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Sound Bites from Overeaters Anonymous"
- *The Steps of the OA Program*: [oa.org/podcasts/](http://oa.org/podcasts/) under "Sound Bites from Overeaters Anonymous"

- *Physical Recovery*: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- *Emotional Recovery*: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- *Spiritual Recovery*: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- *“Hi, my name is ...”*: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- *“In All Our Affairs”*: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- *New Year’s Resolutions*: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- *Ways OA Can Help*: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- *Interview with Alison (French)*: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”

## Facebook

- Overeaters Anonymous Facebook: [www.facebook.com/overeatersanonymousofficial/](http://www.facebook.com/overeatersanonymousofficial/)
- Overeaters Anonymous Young Persons Facebook: [www.facebook.com/OAinfo/](http://www.facebook.com/OAinfo/)

OA Board-approved

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